

# Tired of looking tired? *Laser Eyelift*

## What do your eyes say about you?

Your eyes are one of the first areas of your face to show signs of aging. If your eyes make you look tired, weary, depressed, or angry regardless of how you feel, you may consider aesthetic eye surgery. It will help you appear more rested, and less tired. *Blepharoplasty*, or eyelid surgery, may be the appropriate procedure to restore the youthful appearance of your eyes.

It's not unusual to see saggy upper lids or baggy lower lids appearing when you are in your 30's. Although we commonly think that facial plastic surgery is only required for those in their 50's, 60's and 70's, individuals in their 30's can be excellent candidates. Heredity plays a large part in the way you look. Droopy, down-turned eyes, and overhanging upper lids often run in families, but with eyelid surgery, you can even fool mother nature! We can help you decide if you are a good candidate for upper or lower eyelid surgery.

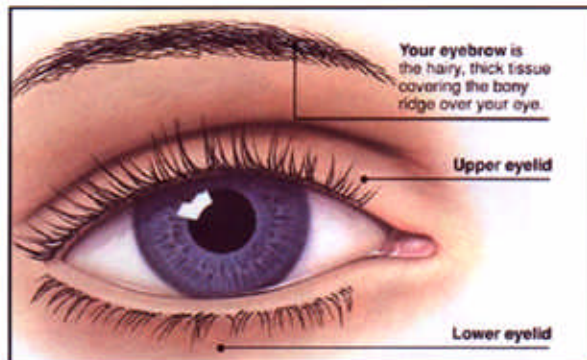
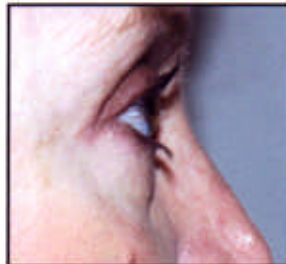
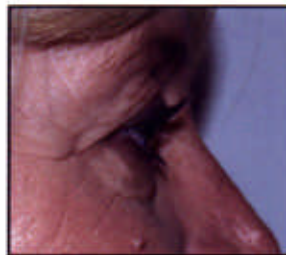
Using the latest technique such as laser surgery, Dr. Alavi can remove excess

skin through an incision made in the natural crease of your upper eye. For the lower lids, fat tissue that causes "bags under the eyes" is removed through an invisible incision made inside the lower lid. The operation takes from one to two hours.

The eyelids heal fast because of the rich blood supply in the eye region. The resulting incisions are scarcely noticeable.

Generally, you should be able to return to your normal routine within 2-3 days. Within a few weeks, you should experience an excellent overall improvement. Friends may comment on how refreshed and rested you appear.

You and Dr. Alavi should decide if eyelid surgery is right for you. Many people have questions; even before they are ready to schedule a consultation. We encourage you to call us at (858) 483-0690, and we will be glad to help you.



Sassan Alavi, M.D.

# FAST Facts

**Procedure:** To correct saggy upper eyelids, or wrinkles under the lower eyelid. This is done by removing excess skin and fat and then tighten the elevator muscle attached to the inner lining of the upper eye.

**Length of surgery:** The entire procedure takes about 1 1/2 hours.

**Anesthesia:** An anesthesiologist administers local anesthesia with twilight sedation.

**Side effects:** Some patients experience minimal discomfort, bruising and swelling.

**Recovery time:** Most patients recover, return to exercise and work in two to three days. If you wear contact lenses, you should wait about three weeks before putting them back in.

**Will it last?** The results will last about 20 years, but aging will continue.

### Where do you start?

- Make an appointment with Dr. Alavi; all appointments are complimentary.
- Ask to speak with Dr. Alavi's patients.
- The cost of your procedure will be discussed during your consultation.

Call us if you have any questions or concerns.

## Complimentary Consultation

# [www.cosmeticsurgerycenter.com](http://www.cosmeticsurgerycenter.com)

Center for Cosmetic Surgery  
3023 Bunker Hill Street, suite 204  
San Diego, CA, 92109  
(858) 483-0690